

# Travel Guide



## **The 5 most common mistakes travelers make and how to avoid them.**

### **1. Too many things.**

When you are going for the first time on a long independent trip, I want to bring as many things as possible. Stop! Usually a person needs very few things for life, and those that are missing can almost always be obtained on the spot. The ability to get together on a trip comes with experience, but it's better to immediately tune in to take with you only the very minimum.

### **2. Lack of first-aid kit with at least a minimum set of drugs.**

No one is safe from force majeure situations on vacation. And so that unusual food, long walks and various infections in an unfamiliar country affect your health to a minimum, it is worth taking the most effective

medications and a first aid kit with you. What medicines should I take with me? For experienced travelers, no fees on the road can do without: an antipyretic, analgesic, antidiarrheal and digestive enzyme. It is important to have antiseptic cough and sore throat lozenges, as well as bandages, a patch and a disinfectant for treating wounds. Keep in mind that in many countries even seemingly harmless essential drugs cannot be purchased at pharmacies without a prescription, and even more potent drugs. If you go on vacation to hot countries, it is worthwhile to purchase sunburn cream.

### **3. Lack of insurance.**

We all hope only for the best. In most cases, this is exactly what happens. But sometimes a trip can go awry.

Appendicitis, trauma, food poisoning or a common cold

- how can this be foreseen?

No way, so do not be greedy and be sure to take out travel insurance, which will help in case of unforeseen troubles.

#### **4. Errors in the reservation of housing.**

The probability of spending a vacation in less comfortable mansions than we would like is very high. To reserve housing, you should use only trusted sites, or find out reliable information from friends or on forums. Better are small inexpensive hotels located closer to the city center.

#### **5. Ignoring traditions.**

This especially applies to visits to Asian countries, and some holy places. There you must follow the established dress code. This will help to avoid condemnation and unnecessary trouble.

Yurasova Anna

## *Mexico*

MEXICO, or officially the United Mexican States, is a state located on the Northern part of the isthmus that continues South from the United States and connects South and North America. The total area of the country is 1,972,550 square kilometers. In the East, the state is washed by the Gulf of Mexico and the Caribbean sea, in the West — the Pacific ocean and the Gulf of California. Mexico shares a border in the South with Guatemala and Belize, and in the North with the United States. Not far from the Mexican coast are several Islands that also belong to Mexico.

Mexico is a country of tropical jungles and deserts, where only unpretentious cacti grow; the land of brave cowboys and burning tequila. Mexico is an exotic country

with friendly people. it is a worthy place to relax, where the sun always shines, and the national cuisine pleases gourmets. The country is famous for its rich historical past, excellent shopping and modern beach infrastructure. Mexico is in good standing with tourists — the local resorts meet international standards, and the country's provinces are open spaces for those who want to relax from modern civilization.

Yakovleva Anastasia



### *When is the best time to travel?*

There is not much difference when to go to Mexico, since almost all year round the weather here will delight with its warm climate. However, in this country there are certain periods when it is better to relax in Mexico.

The high season in Mexico starts from November to April. Air temperature at this time reaches + 30 ° C, and water - + 28 ° C.

Vika Oschepko

### *Vocabulary:*

- hola
- adios
- si
- no
- Quiero pedir un taxi para ...
- Es este un plato caliente?
- necesito hospital
- Dónde puedo cambiar moneda?

- Puedo llamar desde tu teléfono?

### *Food:*

#### ENCHILADA

1. We'll need tortilla cakes.
2. How to make an enchilada with ham, cheese and vegetables:
3. Cut the bell pepper into cubes.
4. Chop the onion.
5. Cut the sausage in any order.
6. Grate the cheese.
7. Chop the garlic.

First of all, fry the onion and half the garlic in vegetable oil.

Add half of the bell pepper.

Sprinkle with your favorite seasonings, salt, pepper and fry for a couple of minutes.

In the resulting mass, add the tomato paste and fill with water (0.5 cups), leave the sauce to stew for a few more minutes.



At the very end, add the sour cream and turn off the stove, leaving the sauce to languish.

For each tortilla, spread the filling of sausage, cheese and bell pepper, add the crushed garlic and roll the tortilla with the filling into a roll.

So I wrapped all 8 tortillas. Tortillas with filling are placed in any heat-resistant dish.

Spread the finished sauce on top and spread it carefully over the entire surface. Sprinkle with grated cheese on top.

Place the enchilada in the oven, preheated to 200 degrees, for 15-20 minutes.

At the end of time, we take the enchilada with ham and cheese out of the oven and enjoy the great taste of the dish.



## SIGHTS

Delightful, ancient, hot Mexico is as if created to enjoy every day of your stay in it. The country where the amazing and mysterious civilizations of the Mayans and Aztecs lived in the old days, today blooms and sings on the ruins, paying tribute to the memory of a culture that has gone forever. Turning to ancient legends and myths is a favorite theme of most colorful Mexican festivals.

- Museum of underwater sculptures

Created by British sculptor Jason de Kairos Taylor unusual underwater Museum can be called one of the most expensive in terms of visits – the price of a ticket to it ranges from one hundred dollars. The art installation of four hundred modern objects is divided into three parts and is available for review to anyone who knows how to use scuba gear.

- The crystal cave of the giants

Huge gypsum crystals began to form in a cave located near the city of Chihuahua, about twenty-six million years ago. Growing at a hundred percent humidity and a temperature of fifty-eight degrees Celsius, the "rays" weigh several tens of tons and reach a length of eleven meters.

Mallaeva Karina

## Interesting facts about Mexico:

- The official name of Mexico is Estados Unidos Mexicanos - United Mexican States.
- Mexico has given the world chocolate, corn and chili peppers.
- A Mexican tamale (tortilla) called "zacahuil" is three meters long and weighs about 150 pounds.
- The largest North American wild cat, the jaguar, can be found in the Mexican jungle.
- Mexico is located in the Ring of Fire, in one of the most dangerous volcanic zones.
- Chihuahua is the smallest dog in the world, it is named after Mexican state of Chihuahua.

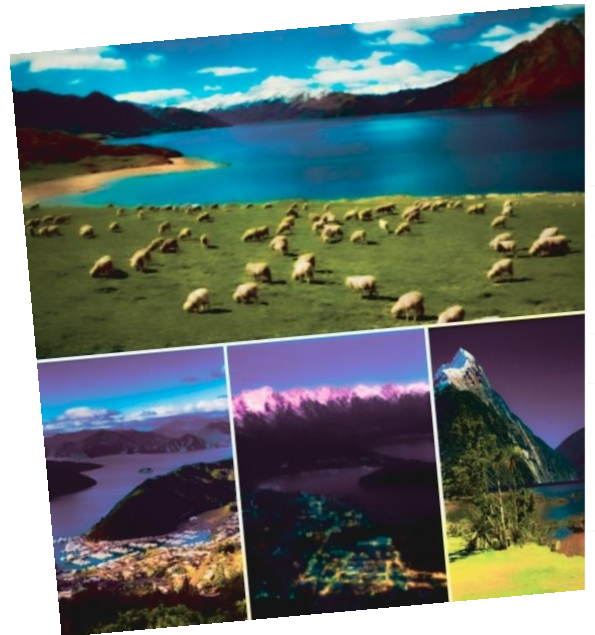
Dronova Irina

## *New Zealand*

NEW ZEALAND — in its own way, a mysterious and very remote from Europe state in the South-Western Pacific ocean, located on two large Islands, plainly named North and South, and about seven hundred other small Islands. It is, in fact, a country of mystery and a tasty morsel for lovers of exotic travel. New Zealand is a relatively large Northern and southern Islands, as well as almost 700 tiny Islands of Polynesia, washed by the waters of the Pacific ocean and the Tasman sea. Despite the fact that due to its remoteness, the country is considered one of the most difficult to reach travel destinations, the tourist business here is set at a decent level. If previously a remote area was strongly associated with sheep herds and meditative green landscapes, today New

Zealand is increasingly referred to in conjunction with such concepts as extreme rides, ecotourism and water sports.

Yakovleva Anastasia



### *When is the best time to travel?*

The weather in New Zealand in winter is not too hot, despite the fact that there is summer time. The temperature never rises much higher than + 30 ° C, rains happen. January is considered the warmest month. New Zealand opens the ski season before many countries in the Southern Hemisphere. Winter



is an ideal time for diving, for sailing, for camping. At this time, it's good to go to Taranaki, to Rotorua, to Christchurch. When is flying to New Zealand cheaper? Definitely in spring and autumn. This time, despite the fact that it is good for excursions, is unpopular for lovers of skiing and sea holidays.

Vika Oschepko

### **Vocabulary:**

- Hi
- goodbye
- Yes
- not
- I want to order a taxi to ...
- Is this a hot dish?
- i need to hospital
- where can i exchange currency?
- can I call from your phone?

### **Food:**

#### HANGI

Hangi is one of the few dishes preserved in new Zealand cuisine from The Maori tradition. Any food, usually meat with vegetables, fish, root vegetables, is prepared in a special oven under the ground. All the ingredients are wrapped in leaves (in our time, and in foil), then they are lowered to the bottom of the pit, covered with earth and make a fire. In three or four hours, the food is ready.



## SIGHTS

What should we do in New Zealand? Visit the local beaches, which are characterized by clean water and beautiful scenery.

- The Village Of Hobbiton

If you have seen at least one film from the Lord of the rings trilogy, then you do not need to describe this landmark where the shooting took place. You will know every corner of this village where hobbits lived. But even if you are not a fan of fantasy, it is still worth visiting Hobbiton, because the village was built with great love.

- Sutherland Falls

The highest waterfall in Oceania, falling from 580 meters. Sutherland falls is located on the South island, on the Arthur river, on the territory of the Fiordland

National Park, and simply shakes with its power and strength. The hum of the waterfall can be heard for several kilometers, and many colorful rainbows make the spectacle even more unique.

Interesting facts about New Zealand:

- Wherever you are in New Zealand, you are never more than 128 km from the seaside.
- The approximate length of the legendary Franz Josef Glacier is 11 km.
- Wellington city is the most southerly capital city in the world.
- The visibility in Blue Lake in Nelson Lakes National Park is 80 meters, making it the clearest lake in the world.
- The famous bird without wings, Kiwi, is the national symbol of New Zealand. In spoken English, this word is

also used as the name of the inhabitants of this country.

- the longest word in the world

“Taumatawhakatangihangako  
auauotamateaturipukakapiki  
maungahoronukupokaiwenua  
kitanatahu” belongs to the  
name of the hill in the city of  
Porangahau, located in  
Hawkes Bay.

Mallaeve Karina